

Early Childhood Trauma, Child Welfare, and Early Intervention Resources and Bibliography

- A list of some highlighted books, articles and other resources to support work with trauma- and child welfare-involved young children and families compiled by Lariza Fenner, Annette Mandeville, and Jill Barbre of the Erikson Institute DCFS Early Childhood Project

Resources about trauma in children/early childhood/families:

- Zero to Three resources on trauma: <https://www.zerotothree.org/issue-areas/trauma/>
- Illinois Early Intervention Clearinghouse – Resource Guide on Stress and Trauma in Young Children at <https://eiclearinghouse.org/guides/stress-trauma/>
- The National Child Traumatic Stress Network (NCTSN) at www.nctsn.org
- Center for Early Childhood Mental Health Consultation at www.ecmhc.org
- American Academy of Child and Adolescent Psychiatry: [Child Abuse Resource Center \(aacap.org\)](http://www.aacap.org)
- The Resilience Project: <http://preventchildabuse.org/resource/resilience/>
- The Illinois Childhood Trauma Coalition Core Content Areas on Child Trauma: <https://theictc.org/resources/core-content/>
- Harden, B. J., Buhler, A., & Parra, L. J. (2016). Maltreatment in infancy: A developmental perspective on prevention and intervention. *Trauma, Violence, & Abuse*, 17:4, 366–386. <https://doi.org/10.1177/1524838016658878>
- Courtois, C. (2004) Complex trauma, complex reactions: assessment and treatment. *Psychotherapy: Theory, Research, Practice, Training*, 41:4, 412–425
- Rothschild (2000) *The body remembers: The Psychophysiology of trauma and trauma treatment*. New York: W. W. Norton & Co., Inc.
- Angela J. Narayan, Alicia F. Lieberman, Ann S. Masten, Intergenerational transmission and prevention of adverse childhood experiences (ACEs) <https://www.sciencedirect.com/science/article/pii/S0272735821000404>

- Benevolent Childhood Experiences Scale: https://www.careinnovations.org/wp-content/uploads/ACEs-COP_BCEs-Screener.pdf
- Shonkoff, et al. The Lifelong Effects of Early Childhood Adversity and Toxic Stress in *Pediatrics* January 2012, VOLUME 129 / ISSUE 1, <http://pediatrics.aappublications.org/content/129/1/e232.short>.
- Nadine Burke-Harris, MD <https://centerforyouthwellness.org/> - Dr. Burke-Harris' group has a version of the ACEs scale that is more inclusive of social issues.
- Developmental Trauma Disorder: <https://www.attachmenttraumanetwork.org/attachment-trauma/developmental-trauma-disorder-2/>
- Terr (1990) *Too scared to cry: How trauma affects children... and ultimately us all*. New York: Basic Books.
- "Trauma, Stress and Deprivation Disorders." In *DC: 0-5: Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood*. Washington, DC: Zero to Three Press, pp. 114 – 133.
- Horwath (2007) *Child neglect: Identification and assessment*. New York: Palgrave MacMillan.
- Herman (2015) *Trauma and recovery: The aftermath of violence – from domestic abuse to political terror*. New York: Basic Books.
- Lieberman, Padron, Van Horn and Harris (2005) "Angels in the nursery: the intergenerational transmission of benevolent parental influences." <https://onlinelibrary.wiley.com/doi/epdf/10.1002/imhj.20071>
- Baradon, T., Ed. (2010) *Relational trauma in infancy: Psychoanalytic, attachment and neuropsychological contributions to Parent-Infant Psychotherapy*. New York: Routledge.
- Fraiberg, Adelson and Shapiro (1975) "Ghosts in the Nursery: A Psychoanalytic Approach to the Problems of Impaired Infant-Mother Relationships." [https://www.jaacap.org/article/S0002-7138\(09\)61442-4/pdf](https://www.jaacap.org/article/S0002-7138(09)61442-4/pdf)
- Brandt and Daum (Eds.) (2015) *Trigger points: Childhood abuse survivors' experiences of parenting*. www.triggerpointsanthology.com .
- Brandt and Daum (Eds.) (2017) *Parenting with PTSD: The impact of childhood abuse on parenting*. www.parentingwithptsd.com .

- Harvard Center on the Developing Child has resources on child traumatic stress and also working with child welfare-involved children: <https://developingchild.harvard.edu/resources/> including how toxic stress disrupts brain architecture (Working Paper No. 3 (Updated Edition)). Harvard University. <https://developingchild.harvard.edu/resources/wp3/>

Resources for working with children and families:

- Lieberman and Van Horn (2008) *Psychotherapy with infants and young children: Repairing the effects of stress and trauma on early attachment*. New York: The Guilford Press.
- Lieberman, Compton, Van Horn, and Ippen (2003) *Losing a parent to death in the early years: Guidelines for the Treatment of Traumatic Bereavement in Infancy and Early Childhood*. Washington, DC: Zero To Three Press.
- Lieberman, Ippen and Van Horn (2015) *Don't hit my mommy*. Washington, DC: Zero To Three Press.
- Koplow (2007) *Unsmiling faces: How preschools can heal*. New York: Teachers College Press.
- Koplow (2002) *Creating schools that heal: Real-life solutions*. New York: Teachers College Press.
- Bank Street College of Education Emotionally Responsive Practice: <https://www.bankstreet.edu/professional-education/emotionally-responsive-practice/>
- Heineman (2016) *Relational treatment of trauma: stories of loss and hope*. New York: Routledge.
- Psychological First Aid (PFA): <https://www.nctsn.org/treatments-and-practices/psychological-first-aid-and-skills-for-psychological-recovery/about-pfa>
- Heineman (2006) *Building a home within: meeting the emotional needs of children and youth in foster care*. Baltimore: Paul H. Brookes Publishing Co., Inc.
- Heineman (1998) *The abused child: psychodynamic understanding and treatment*. New York: The Guilford Press.
- Illinois ACEs Response Collaborative Webinar Archive: <https://hmprg.org/programs/illinois-aces-response-collaborative/webinar-archive/>

- Appleyard, K. & Osofsky, J.D., Parenting after trauma: Supporting parents and caregivers in the treatment of children impacted by violence, *Infant Mental Health Journal*, 24,111-125, 2003.
- Osofsky, J., Stepka, P., & King, L. (2017) *Treating Infants and Young Children Impacted by Trauma: Interventions That Promote Healthy Development*. <https://www.apa.org/pubs/books/4317448#>
- Heffron, M.C., Gilkerson, L., Cosgrove, K., Heller, S. S., Imberger, J., Leviton, A., Mueller, M., Norris-Shortle, C., Phillips, C., Spielman, E., & Wasserman, K. (2016) Using the FAN approach to deepen trauma-informed care for infants, toddlers, and families. *Zero to Three*, 36:6, pp. 27-35

Resources for professional self-care:

- Van der Kolk (2014) *The body keeps the score: Brain, mind and body in the healing of trauma*. New York: Viking Books.
- Lipsky and Burk (2009) *Trauma stewardship: An everyday guide to caring for self while caring for others*. San Francisco: Berrett-Koehler Publishers, Inc.
- Early Childhood Workforce Study - [FINAL-Early-Childhood-Workforce-publication.pdf \(instituteforchildsuccess.org\)](https://www.instituteforchildsuccess.org/publication.pdf)

Resources on Race and Social Equity in child welfare and trauma:

- Lewis, M. & Norwood, R. 'When I Go to Heaven, I'll Be White': The Ethics of Transracial Adoption Within the Context of Childhood Trauma and Racial Identity Development <https://www.zerotothree.org/resource/zero-to-three-journal-september-2019-professional-values-and-ethical-considerations/#chapter-1847>
- Lewis, M. & Weatherston, D., Eds. (2021) Therapeutic cultural routines to build family relationships: Talk, Touch & Listen While Combing Hair. <https://doi.org/10.1007/978-3-030-83726-6>
- Resources on Racial Equity and Child Welfare: [Plan, Issues, Children, Families, and Youth Development \(racialequitytools.org\)](https://www.racialequitytools.org/)
- Resources on Racial Equity and Trauma: [Plan, Issues, Trauma, Violence, and Healing \(racialequitytools.org\)](https://www.racialequitytools.org/)

Resources on Early Intervention, child welfare, and other systems of care:

- Resources for Child Trauma-Informed Care: <https://www.samhsa.gov/childrens-awareness-day/child-traumatic-stress-resources>
- Bricker, D., Macy, M., Squires, J., & Marks, K. (2013). *Developmental screening in your community: An integrated approach for connecting children with services*. Brookes Publishing.
- Chamberland, C., Lacharité, C., Clément, M.-È., & Lessard, D. (2015). Predictors of development of vulnerable children receiving child welfare services. *Journal of Child and Family Studies*, 24:10, 2975–2988. <https://doi.org/10.1007/s10826-014-0101-7>
- Casanueva, C. E., Cross, T. P., & Ringeisen, H. (2008). Developmental needs and individualized family service plans among infants and toddlers in the child welfare system. *Child Maltreatment*, 13:3, 245-258.
- Individuals With Disabilities Education Improvement Act of 2004, Pub. L. No. 108-446, 20 U.S.C. § 1431-7, Stat. 637 (2004).
- Child Welfare Information Gateway. (2018). *Addressing the needs of young children in child welfare: Part C—early intervention services* (Bulletins for Professionals). U.S. Department of Health and Human Services, Children's Bureau. <https://www.childwelfare.gov/pubs/partc/>
- Fang, C.-S. J. (2017). *The effects of IDEA Part C early intervention services on the well-being of children and families in child welfare* [University of Kentucky; PDF]. <https://doi.org/10.13023/ETD.2017.350>
- Felitti, V. J., Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., Koss, M. P., & Marks, J. S. (1998). Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults. *American Journal of Preventive Medicine*, 14:4, 245–258. [https://doi.org/10.1016/S0749-3797\(98\)00017-8](https://doi.org/10.1016/S0749-3797(98)00017-8)
- Johnson-Motoyama, M., Moses, M., Conrad-Hiebner, A., & Mariscal, E. S. (2016). Development, CAPTA Part C referral and services among young children in the U.S. child welfare system: Implications for Latino children. *Child Maltreatment*, 21:3, 186–197. <https://doi.org/10.1177/1077559516630831>

- Scarborough, A. A., & McCrae, J. S. (2008). Maltreated infants: Reported eligibility for Part C and later school-age special education services. *Topics in Early Childhood Special Education*, 28:2, 75–89.
<https://doi.org/10.1177/0271121408320349>
- Shannon, P., & Tappan, C. (2011). Identification and assessment of children with developmental disabilities in child welfare. *Social Work*, 56:4, 297–305.
<https://doi.org/10.1093/sw/56.4.297>
- Stahmer, A. C., Thorp Sutton, D., Fox, L., & Leslie, L. K. (2008). State Part C agency practices and the Child Abuse Prevention and Treatment Act (CAPTA). *Topics in Early Childhood Special Education*, 28:2, 99–108.
<https://doi.org/10.1177/0271121408320389>